



Lac Ste. Anne Foundation December 2024 Newsletter

EAST & CENTRAL MANORS

Brenda Young - Independent Living Manager

Merry Christmas from the East and Central Manors!

Wow! It's December Already!
Where on earth does time go?



Well, for anyone who was missing the snow... your craving should be satisfied now! Lol. I must say there has been some beautiful scenery with all the white stuff. Please let us know if you are having any heat issues, or if the sidewalks need attention.

Hopefully you are not being impacted too much by the postal strike! It is certainly causing havoc for many.

Thank-you to all who were able to come out and attend the tenant meetings. I truly appreciate your smiling faces and input. Do you have a buddy system going with a friend, relative or neighbour? Living alone in independent living, it can be a great idea to have someone you just check in with once a day. Just a quick knock on the door, call or text to let them know you think about them.

I hope you find some time through the holiday season to just stop, take 5 and think about what you are grateful for. It is too easy to get caught up in the chaos of the season, and we forget to actually enjoy it. I hope you get to spend some quality time with your loved ones.

What did one cranberry say to the other at Christmas?
Let's be jelly!

Have a wonderful holiday season!

Brenda



CHATEAU LAC STE. ANNE

Tracy Nkonge - Site Manager

Onoway



Hello from Chateau Lac Ste. Anne Lodge,

December: A month of lights, snow, coziness, and feasts; time to make amends and tie up loose ends; finish what you started and make your wishes come true." – Unknown

The Chateau is preparing for the December's festivities.

We will be having a Christmas tea on the 20th and a Christmas party for the residents on the 23rd.

Staff at the Chateau are also working hard to contribute to the cheer and joy that we know this season brings.



Packages Arriving



Lodge Services Coordinator Door



CHATEAU LAC STE. ANNE

We at the Chateau would like to thank the ATB banking community for investing their time into our lodge. They have been doing onsite banking with our residents and even handed out candy canes on the 6th! We appreciate your support with our lodge.

This month we would like to say "goodbye" to Fran. You will always be our axe-throwing legend and we miss you already. We wish you the best in your future endeavors!

Packages are being delivered, doors are being decorated, and our lodge's residents and staff will be immersed in Christmas spirit days. The lodge is hustling with the beginnings of creating a beautiful season for our residents. We can't wait to experience the holiday season with you!

I want to thank all of our staff who will be working during the holiday season. We are grateful for your dedication to both the residents and your teams.

Next Proposed Resident Meeting: January 8th, 2025.

Next Proposed Staff Meeting: January 29th, 2025.

Tracy Nkonge
Site Manager - CLSA



Chateau Lac Ste. Anne wishes you a Merry Christmas and a Happy New Year!

CLSA RESIDENT



Georgina Steffler

Georgina was born Dec 8 1942 at the closest hospital to Cardston Alberta. She was raised in the town of Glenwood, a small town in the middle of blood reserve until they moved to Lethbridge when she was nine. She sits right in the middle of a very large family of 11 kids! In her teens she traveled to the Onoway to visit her sister where she was introduced to her future husband Clayton. He was working at the Heatherdown gravel pits just South of Onoway. They married in May of 1964 and raised their family of 2 boys and 2 girls on a farm near Heatherdown where Georgina continued to reside until moving into the Chateau.

Prior to being married, Georgina enjoyed being a nanny to a family in Lethbridge. Her adventures have included sky diving, white water rafting and she loved to ride horses. When the kids were little, they took a trip to Seattle's World Fair...a trip she remembers fondly! Georgina's hobbies include diamond art painting and reading. She is a very proud grandmother to 12 and great grandmother to 5 little ones. Georgina moved into our lodge in November and has settled in well, enjoying exercise class, music recitals, crafting and more! Welcome to our Chateau family Georgina!

CLSA ACTIVITIES

Shauna Londeau - Activity Co-ordinator
Linda Fenske - Social Leisure Aide

Onoway

Season's Greetings from Chateau Lac Ste Anne! "The halls are decked, the trees are trimmed, and the sparkle and glow can be felt from within!"

Here at the Chateau we are preparing for what is sure to be a beautiful Christmas season! But first, a quick look back at the remainder of our November activities!

On Nov 12 we had a lovely lady from the community named Izabella come and lead our residents in songs of worship; needless to say it was very well attended! Another volunteer and dear friend of our resident Jeannette, Lucille, came by with all the supplies to make lovely solar light luminaires...we had an amazing turn out and each piece is its own unique work of art.

On the 20th we held a "supporting person's with dementia workshop" and then on the 22nd was our monthly sing along with Linda and Jeannette. We are finally able to get the ATB senior mobile banking back into the lodge and on the 26th the district manager was able to come by and show a presentation on fraud prevention. The evening of the 27th brought the amazing Lac Ste Anne Community Choir with a wonderful Christmas concert...we are always so grateful for this time that helps bring joy and Christmas spirit to our residents.

We rounded out the month with our November birthday party celebrating Verna, Barb, Ron, Art, Ruth and Gordon. We were entertained by Wayne Osbaldeston and enjoyed singing, dancing and of course...cake!!! Our most recent progressive bingo winner was Carol with a jackpot of \$42! We are currently running a "stuffed full" basket raffle that will be drawn for at our Christmas Tea on the 20th. And now December is upon us and we are preparing for all the visits, surprises, fun games, music and merriment.





CLSA ACTIVITIES

On Friday December 6th we enjoyed festive “holly” day shakes made with eggnog. Our local fire department came by on Saturday the 7th with a fire prevention presentation and then the next 3 weeks will be filled with concerts by Elementary school students and day care little ones, a Christmas sing-along, plenty of games and activities, a visit from Santa , Christmas movies, Tim Horton’s drive through and much, much more!!

We would like to take this time to acknowledge all our wonderful sponsors and volunteers. Whether financially or with their time; these folks always go above and beyond to help bring joy to our seniors, not only at Christmas, but throughout the year. Thank you: Bonnie & friends, Joan, Ginny, Muriel, Kasia, Wendy, Johanne, Donna & Oliver, Joann, Veronica Macinnis, Lori and Matt Butler, Carolyn Dow, Lisa Fibke who runs the Santa’s wish list program and the community members that get involved, the Reid Family, Onoway Bigway Foods, Onoway Healthcare Pharmacy, Wally’s Bar and Grill, Village Glass and Mirror, and so many more anonymous supporters.

And to all the others that come by to spend time with our folks, you are amazing and we are grateful! “Never stop doing things for others; sometimes those little things occupy the biggest part of their hearts”

Wishing you and yours a magical and wondrous Christmas and all the best of health and happiness in 2025!!

Shauna Londeau-Activity Co-ordinator
Linda Fenske-Social Leisure Aide





CLSA ACTIVITIES





CLSA ACTIVITIES





CLSA ACTIVITIES



ADMINISTRATION

Sylvia Bonnett

Operations Manager

MERRY CHRISTMAS

We truly are a family here,
and I am so grateful for that this time of year!

Wishing you all a Safe & Happy Holiday Season



SPRUCE VIEW LODGE

Diane Robbins - Site Manager

Whitecourt



Christmas Festivities have started around the lodge- this year we are doing "12 Days Around the World". Staff and residents can get clues and hints to help them guess where in the world they are...

We have received a wonderful grant from Fortis Alberta, all lights in our old section hallways are being replaced with new energy efficient LED lights; this will help our hallways be brighter and much cleaner looking.

On November 20th we conducted our Full Site Evacuation Drill with the Fire Chief from the Whitecourt Fire Department; it went extremely well. We thank all the residents for their patience and cooperation during these drills.

MEETINGS:

Lodge Meeting- December 18th

Resident Meetings- December 11th





SVL ACTIVITIES



Clarissa Titong - Activities Coordinator

Whitecourt

Our November was filled with both bittersweet and heartwarming memories. Despite the challenges of the outbreak, we found happiness and togetherness in some activities.

We still had fun playing everything from bingo to pool noodle volleyball, rummy, and crib.

On November 11th, Pastor Chris from Hilltop Community Church led a Remembrance Day ceremony. It was a powerful reminder of the sacrifices made for our freedom.

Our Apple bar party on November 13th, was a delicious treat that everyone enjoyed through room service.

The return of Boom and Sue, our beloved furry companions, made us smile and warm inside. Their presence is always appreciated.

On November 18th, we received good news as the outbreak ended. We had an afternoon tea with Gea, our social leisure aide. Residents enjoyed learning more about her.

Courtney from AHS led an informative session on fall prevention exercises, ensuring our health and safety.

Our Birthday Party we had the Baxters & friends as our entertainment. Mayor Tom Pickard came in to personally greet our birthday celebrants; Judy, Claude Morley & Anne. Congratulations to Louise & Sheila for winning the door bingo.





SVL ACTIVITIES



On December 1st , we hosted a fun Christmas Market despite the weather condition. The day was filled with camaraderie and generous contributions from both vendor and resident. In addition to Shirley Olson & June Harnum for their donations, we would like to thank our dear Judy Skinner for baking and selling the baked goods.

Thank you to everyone who made November special and memorable. Stay tuned for upcoming exciting events and activities!





SVL ACTIVITIES





SVL ACTIVITIES





SVL ACTIVITIES





SVL ACTIVITIES



merry
christmas





SVL ACTIVITIES



Happy Holidays



all is
MERRY
and
BRIGHT



SVL ACTIVITIES





PLEASANT VIEW LODGE

Pamela Lacaille - PVL Site Manager

Mayerthorpe

Merry Christmas and Happy New Year!

One new resident moved in; please welcome Julianna 'Jody' to her new home.
Our Team Lead LPN had her baby on November 26th at 2:36pm weight: 6 lbs 7 oz.



Welcome Raydan!



Emma had her twins on November 7th She had a boy and a girl.
Lochlan weighed 4 lbs 9 oz and Temperance weighed 3 lbs 2 oz.





PLEASANT VIEW LODGE

In November we completed our Full Evacuation Drill. We had the fire department join us in the evacuation which went well.

The Sewing Club will be in the Community Centre on Saturday, December 21st.

Meetings:

We had our H&S Meeting November 26th.

Staff: December 17th at 1:30pm

Resident Council: December 30th at 10:15am

Pamela Lacaille-Site Manager





PVL STAFF



Congratulations to our November

Make Others Great Award Winner

Michelle DeRoo!



PVL ACTIVITIES



Dallys Crossland - PVL Activities

Mayerthorpe

Christmas is coming and everyone is busy as can be getting everything ready for all of the events and festivities.

In November we went on a few bus trips, we went shopping, we had a Jubilations Dinner Theatre trip and we also went to our friend, Shirley Couiyk's, Memorial Service. We also had another shopping trip in December as well. We are looking forward to our upcoming trips, our annual Christmas Lights Bus Tour to The Huntley's home which is always such a wonderful time. We also are looking forward to our local elementary school Christmas Concert.

We did enjoy a Tim Horton's Drive Thru on November 15th which is always a hit. We put on the Tyson/Paul fight in the evening in the Community Centre with beer and snacks. Although the fight was disappointing, the event was fun for all. 😊

We did our Christmas Photo Shoot on the 26th and 27th of November. We are eagerly awaiting the arrival of the prints. The pictures all looked so lovely and I am sure all our residents families will love to receive their photos for Christmas.

Eric finally returned to PVL to play for us after a long break. He hasn't played for us since the summer time when he decided to take a break from playing. Eric was finally ready to come back, which we were very grateful for. 😊 We will be looking forward to next time.

The PCN Healthy Living Workshop has been going great. It is so nice to see not only our own dedicated residents but also lots of seniors from the community showing up consistently to get their exercise in and learn more about their own health and fitness. Way to go to all who participate! It is really good to see!



PVL ACTIVITIES

Our crafting team has made some beautiful Christmas wreaths and we are going to be making another Christmas craft before Christmas as well.

Our Christmas season is just getting started so we are looking forward to a fun filled busy next few weeks around here at Pleasant View Lodge.

We would like to wish a very Happy Birthday to Alice, Jim. B, and Marie who all celebrated Birthdays in November.

Merry Christmas!

Dallys Crossland , Pleasant View Lodge, Activity Coordinator





PVL ACTIVITIES





PVL ACTIVITIES



**holiday
GIFT**



merry
christmas



PVL ACTIVITIES





PVL ACTIVITIES





PVL ACTIVITIES



Season's Greetings



OH
there's no
place like
HOME
for the
HOLIDAYS



CONGRATULATIONS

YEAR IN REVIEW

I see
BEFORE ME
A
WORLD
OF
adventure
I'm ready
to
embrace
IT

CONGRATULATIONS 2024 GRADUATES

Mark - (Angie SVL)
Kiera - (Erika PVL)
Shy - (Dallys PVL)
Dimitri - (Pamela PVL)



WEDDING BELLS

Jolene Chadd - PVL
Tamara - CLSA
Remi - SVL
Morgan - CLSA



BABIES

Cherry (CLSA) - baby girl Atasha
Amy (PVL) - baby boy Raydan
Emma (PVL) - twins Temperance and Lochlan
Hayden and Alisha (Steven Borle PVL) - Granddaughter Jeanne
Darby Rae (PVL) - baby girl

