

Lac Ste. Anne Foundation

August 2024 Newsletter

Woodland Villa

Melody Nemlander - Supportive Housing Manager

Here is a little bit of what is enjoyed around the Villa during the summer.



CHATEAU LAC STE. ANNE

Tracy Nkonge - CLSA Site Manager

Onoway



Hello from Chateau Lac Ste. Anne Lodge,

[Is it really August? Or are Julying to me?](#)

Well, we are in the final month of summer. With these remaining days we are soaking in the warm weather, staying cool, and relaxing as much as we can.

Since our last Newsletter, I have started to settle in as Site Manager for the Chateau. Outside of the devastating wild fires, it has been a fantastic month. I feel blessed to be surrounded by good people, an amazing team, fantastic residents and families, and beautiful lakes.

We want to wish Bonnie, the resident Hairdresser a farewell. Over the years, I am certain the team and residents have created sweet memories of you, and you will not be forgotten; don't be a stranger and we wish you the best in your future endeavours.

In Bonnie's place we are welcoming Teresa, as our new hairdresser, to the Chateau's family. We are also welcoming Pat, our new part-time maintenance staff to our ever efficient team.

CHATEAU LAC STE. ANNE

In addition to maintenance and hairdressing, we have also welcomed new facility staff for cooking and lodge assistance: Michelle and Marion. So exciting to see our team growing and we know all of you will make great additions to our team.

Please welcome our two newest residents to the Chateau family Gordon and Tom. We have had a good couple weeks getting to know you both and we are so happy to have you part of our CLSA family.

Last resident meeting was August 7th, 2024.

Proposed upcoming staff meeting: August 28th, 2024

Enjoy the remainder of your summer! 😊

Tracy Nkonge
Site Manager - CLSA



CLSA ACTIVITIES

Shauna Londeau - CLSA Activites

Onoway

Oh how the summer has gone by so fast.... August was here in a flash!!

We wrapped up July with our birthday party on July 26th with Jim Beaudoin and celebrated Fay, Rosemary, Clive and Ken's birthdays.

Aug. 1st we gathered and shared our different languages. There were many laughs had as we all tried to speak some popular phrases in Dutch, German, French and Swedish. On Aug 2nd we beat the heat with some delicious ice cream floats. On Aug 9th we had a beautiful sing-a-long with our very talented resident Jeannette and Linda. On Aug 13th we had our in house Treasure Swap, where we all brought down our junk and let it be someone else's treasure.

On July 31st we said "see ya later" to our long time hairdresser Bonnie. Bonnie was with the Chateau since the very beginning. It was not a sad goodbye, it was a see ya later as she is going to be stopping in to do some volunteering from time to time. On Aug. 8th we welcomed our new hairdresser Teresa. Teresa will now do hair on Thursdays and she is a wonderful addition to our Chateau family.

With the horrible fires that took place in Jasper, the radio stations have banded together by creating the Alberta Day of Caring on July 31st. Our Chateau family raised \$415 in 24 hours to donate to this wonderful charity. Once the Federal and Provincial governments matched our donation together we made a difference with a total of \$1245 for the Red Cross.

Thank you to everyone who supported the Mundare sausage fundraiser, altogether we raised \$528.25 which goes right back to our residents. We are currently hosting a Kernel's popcorn fundraiser, we are accepting orders until Friday August 23rd with a delivery date of Thursday August 29th.

CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



See ya later
Bonnie thanks for
beautifying us!



Welcome Teresa
our new
hairdresser



CLSA RESIDENT



Gordon Atkinson

Gordon was born on November 25, 1935 in Athabasca where he later finished all of his schooling. He was the eldest of 4 kids. After high school he did some apprenticing leading to lab technology for 14 years. He then went into carpentry for 16 years having done some cabinetry for the government.

Gordon has raised 4 children-1 boy and 3 girls. He is a very proud grandfather of 4 and great grandfather of 10! His hobbies over the years have included wood working, Canadian stamp collecting, playing crib and bridge.

He loves to listen to the music of the Big Band era of the 30's and 40's, especially Benny Goodman...but don't get him started about heavy metal-that's NOT music! Since moving into the Chateau, Gordon has become very involved with many of the activities including our exercise program.

Welcome to our Chateau family Gordon!!!

EAST & CENTRAL MANORS

Brenda Young - Independent Living Manager

Happy August from the East and Central Manors!

Wow! Where is summer going? Time is just flying by.



What a struggle to keep the flowers thriving through the heat spells! Thank-you to those tenants who water the buildings planters and tend to the flowers. It is much appreciated! The garden boxes at Tri Lakes Manor are growing like crazy!

Just a reminder that suite inspections are coming up in September. If you have any concerns in your suite, please make sure to let us know while we are there, and of course, you can write any maintenance needs in the communications book located in the common rooms.

If you receive Alberta Senior's Benefit, are you aware you may qualify for the Senior's Special Needs Assistance Program? The booklets are posted on the bulletin boards in the manors. Check it out! You may qualify for reimbursement of numerous expenses.

What happens when ice cream gets angry?
It has a meltdown.

I know... groan.

Have a wonderful
August!

Brenda Young



SPRUCE VIEW LODGE ACTIVITIES

Clarissa Titong - Activities Coordinator

Whitecourt

Wow, where did July just go?

We started our month, by showcasing Pieces by Sharon summer collection in a fabulous summer fashion show. Our models really enjoyed the afternoon, a special thanks to all the residents & staff who made the event a success!

On July 10, Morley and Jurgen shared their talents during a fun-filled Draw and Drink event. It was a delightful afternoon getting to know these two special residents and witnessing their creative abilities.

And for our monthly shopping, residents had a fantastic time browsing at Repeat Boutique which opened its doors exclusively for our residents.

We had the pleasure of hosting a meet and greet with the Whitecourt Rotary Club members on July 19. It was wonderful to connect with them and express our gratitude for their generous donation to the lodge.

We had so much fun playing games like; pool noodle volleyball, ladder ball, rummoli and more, our residents enjoyed a variety of enjoyable games thanks to our dedicated volunteers Laura, Susan, and Joanne.

In celebration of National Ice Cream Day, Moose Country Chevron (Grannie Grays) generously donated ice cream for an ice cream parlor afternoon in the courtyard. Emma and Anna even joined us to scoop ice cream, making it a truly delightful experience.

For our cooking show we prepared easy Grape Salad and it was a hit with residents & staff, another taste to remember.

SVL ACTIVITIES

For our monthly birthday party we had Addy Watson a talented local musician entertain our residents. Congratulations to Marie for winning the July raffle basket and to Kitty for winning Door Bingo.

A special thank you to Dave Arcand from Servus Credit Union for their support by donating to cover the annual West End bus expenses.

Thank you to all who participated in our beautiful July activities. Stay tuned for more exciting events to come!



SVL ACTIVITIES



SVL ACTIVITIES



CUPCAKE

SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



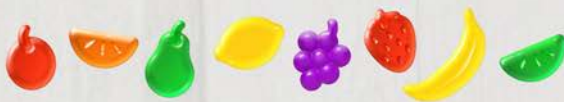
Canada



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



LEARN

EXPLORE

DISCOVER

SVL ACTIVITIES



the great 
outdoors

PLEASANT VIEW LODGE

Pamela Lacaille - PVL Site Manager

Mayerthorpe

With summer winding down, we are enjoying our last few weeks of beautiful weather in August.

Congratulations to Jolene, our lovely Cook and Lodge Assistant. She got married on August 10th and her grandpa, John W, gave her away.



We had a full evacuation drill on August 7th, these drills are done twice a year so staff and residents can be prepared in the event of an actual emergency. Our next full evacuation will be in October, please become familiar with what to do in the event of an emergency. There are signs on the back of every resident's door stating to stay in your room or stay where you are in the hallway and staff will direct you on where the muster point is. It is also important to let staff know if you are going out so if we do have an emergency that everyone is aware that you are safe and out of the building.

PLEASANT VIEW LODGE

August 16th is Maintenance Appreciation Day. Steven and Patty we value your hard work every day. Thank you for all that you do!

If you have signed up, our Mental Health First Aid Sessions are on August 20 and 21st from 8am-4pm.

Meetings:

Health & Safety Committee: August 7th at 1:30pm

Resident Council: August 26th at 10:15am

Staff: August 29th at 1:30pm



PVL STAFF



Photo from 15 yr. anniversary PVL

**Congratulations to our July
Make Others Great Award Winner
Kathy Bridges!**

PVL ACTIVITIES

Dallys Crossland - PVL Activities

Mayerthorpe

Where has the time gone? It seems this summer is flying by and before we know it we will be into the fall. It's already getting a little bit darker every time I drive into town each morning.

We went on a bus trip this past month to Onoway lodge where we got to see a performance by our old friend, Elvis! It was a wonderful time and we thank our sister lodge, Onoway, for hosting us. In addition to that we also went on our monthly shopping trip to Whitecourt which, as usual, was a very good time. Thank you to our brand new (to us) driver, Paula, for driving for us! And, thank you to Kathy. S. for tagging along. It was a great trip as usual.

We have also enjoyed lots of ice cream days over the past month or so. Who doesn't love an ice cream cone on a hot day?!

We were very happy to welcome our local Pharmacist, Satya, and her worker over for an afternoon of crafting. We made beautiful seashore crafts which all turned out absolutely beautiful. We have a photo frame craft coming up that has been much anticipated. I am hoping those ones will turn out just as nice, I'm sure they will! Our PVL crafting group always puts out amazing work.

Everyone has been busy in their gardens and it shows! Everything is blooming and beautiful outside at PVL.

We had Edward Pimm back for our July Birthday Party. It is so wonderful that we have all been able to watch this young man grow up right in front of us. He is an amazing talent and we love having him in to perform for us any chance we get.

PVL ACTIVITIES

The wildfires effecting jasper and area have been horrible. We all watched the news together in disbelief as fires raged through the much loved town of Jasper. However, we were also able to work together in an effort to help however we could. We raised \$416.00 as well as a big pickup truck load of bottles all to be donated during Alberta's Day of Caring for Jasper. These donations were matched 2x by both the Canadian as well as the Provincial Governments. Good work everyone!

We would like to thank our local Library for coming in to do their "Old Mayerthorpe Photo Show" presentation for us. What a wonderful afternoon it was, very informative and a great conversation topic.

We would also like to wish a very Happy Birthday to Pat, Shirley. C, Joyce and Sharon who all celebrated a Birthday in July!

Dallys Crossland , Pleasant View Lodge, Activity Coordinator



PVL ACTIVITIES



PVL ACTIVITIES



PVL ACTIVITIES



PVL ACTIVITIES



PVL ACTIVITIES



adorable



a star
is born



DAY OF CARING

Sylvia Bonnett - Operations Manager



Participating lodge sites were accepting cash donations as well as dropping off donated bottles from staff and residents wishing to donate to the Alberta Day of Caring for Jasper. Thank you to our Activities Dept's for organizing and coordinating this on behalf of the residents and staff.

Total amount collected \$ 831 = matched amount \$ 2,493

Stawnichy's **MUNDARE SAUSAGE**

We would like to thank all of the residents, staff and families who have purchased Stawnichy's sausage in our latest fundraiser – All proceeds go the Activities Departments for resident events, outings & entertainment. Your support is greatly Appreciated !

DAY OF CARING

SENIORS TECHNOLOGY GRANT (New Horizons NHSP)

September classes – check your site activity calendars for date/time

Video Conferencing - connecting with family & friends, facetime, whats app & zoom – open to all residents, please bring your iphone, ipad, or android phone (2nd week of September)

Cool Internet Sites – Chat GPT, online banking, health, fitness, nutrition, music, games, online shopping, etc., (4th week of September)

